

BY SYNARGY®
SMART
COMFORT

ARIA

MASSAGE CHAIR



QUICK START GUIDE &
OPERATING INSTRUCTIONS

QUICK START GUIDE

1

Remove your shoes and sit into the chair. You can press down with your feet to extend the footrest length. It is recommended to use the massage chair without wearing jewellery or watches.

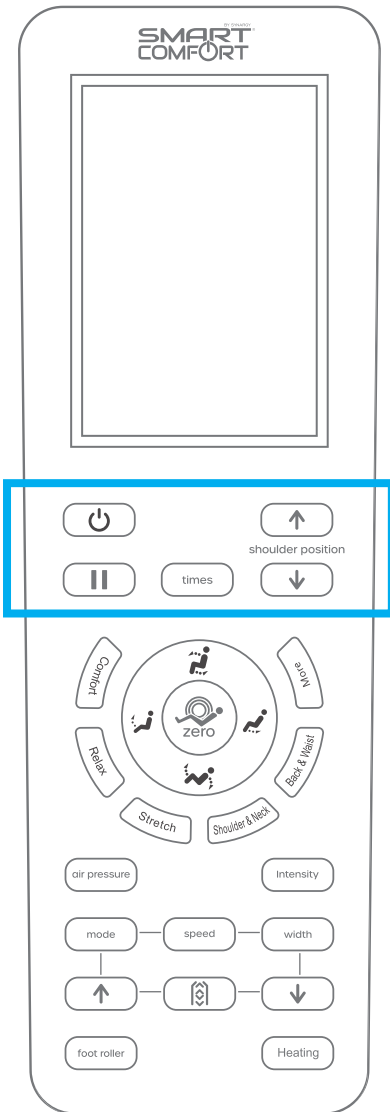
2

Press the power button on the remote control, and allow the chair 20-30 seconds to power on. Place your arms inside the arm rests.

3

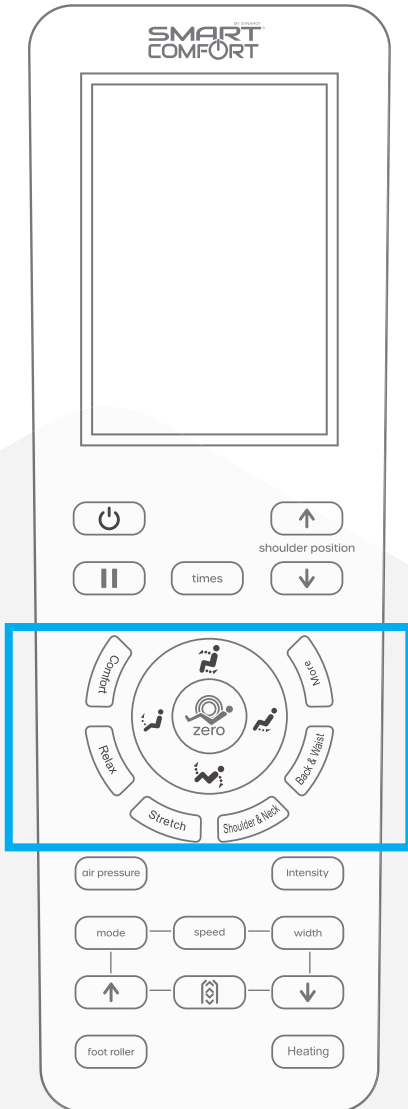
The chair will automatically enter an automatic massage mode if no buttons are pressed. You can enjoy this mode as it is, or read these operating instructions to learn about more advanced operation.

BASIC CONTROLS



- **Power button** turns the chair on & off. Wait 20-30 seconds for the chair to power on, then select a mode on the remote control. The chair will automatically enter Comfort auto mode if no options are selected.
- **Pause button** stops the massage rollers & functions, until it is pressed again to resume normal function.
- **Times** sets the massage time in 5 minute increments up 30 minutes.
- **Shoulder position up & down arrows** adjust how far up the shoulders the rollers will travel during shoulder focused movements.

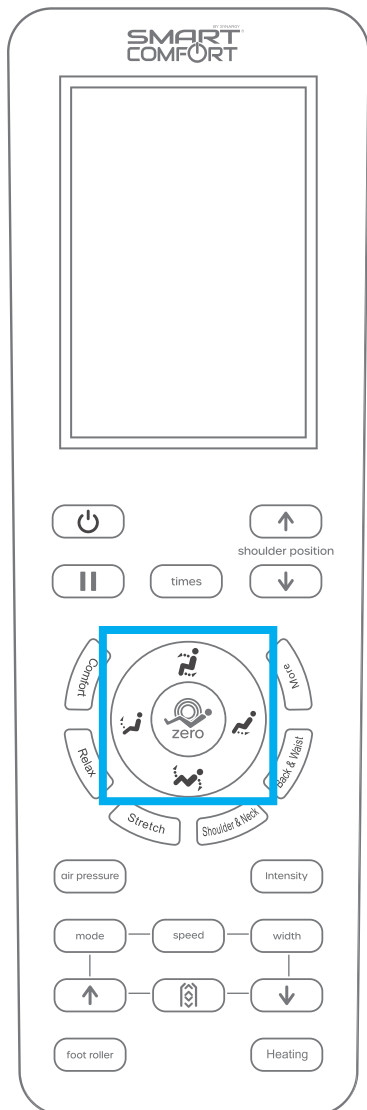
AUTOMATIC MODE CONTROLS







Used for selecting the following automatic massage modes:

- **Comfort** is a gentle mode that targets the whole body
- **Relax** focuses mainly on lower back, legs & feet
- **Stretch** provides a gentle front stretch by lightly pulling feet down, and reclining backward
- **Shoulder & neck** focuses on the shoulder & neck areas
- **Back & waist** focuses on the back & waist areas
- **More** will cycle through even more automatic programmes, shown by a letter and number code at the top of the screen:
 - A1** - Full Body
 - A2** - Chiropractic
 - A3** - Fatigue Recovery
 - A4** - Meridians
 - A5** - Glutes
 - A6** - Sleep Peacefully
 - A7** - Full Air Pressure

CHAIR POSITION CONTROLS



Used for selecting the position of the chair:

-  **button** will bring the chair back to upright position. Press and hold to adjust position.
- **Zero button** moves the chair into zero gravity horizontal position (3 levels to choose from - press to cycle through all levels).
-  **button** will recline the chair backwards. Press and hold to adjust position.
-  &  **buttons** will raise and lower the footrest. Hold and release to fine tune position.

MANUAL MODE & ADJUSTMENT CONTROLS



Used for controlling the following functions during manual operation:

- **Air pressure** toggles airbag function between: arms, feet, arms + feet or off. *(can also be adjusted during automatic modes.)*
- **Intensity** adjusts the intensity of pressure from the airbags *(can also be adjusted during automatic modes.)*
- **Mode** changes manual modes between the following, or off:



kneading



tapping



kneading + tapping




shiatsu



knocking

- **Heating** toggles the backrest heat on off (Approx 3 minutes to max temperature)

MANUAL MODE & ADJUSTMENT CONTROLS

- **Speed** adjusts the speed of the massage rollers during manual modes
- **Width** adjusts the width between rollers during shiatsu, tapping or knocking modes
-  (**back mode**) toggles back massage modes between:



H0 fixed position back massage



H1 short area back massage



H2 entire back massage

- **The arrows** either side of back mode will adjust the position of rollers during H0 and H1 back modes
- **Foot roller button** switches the foot roller between three speed settings, or off*

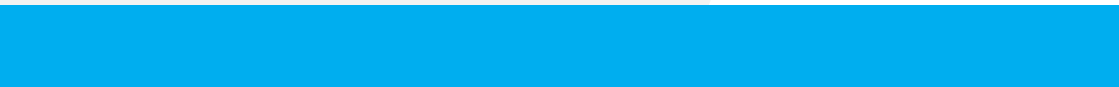
**can also be adjusted during automatic modes.*

BLUETOOTH AUDIO

To play music or other audio through the Bluetooth speakers, go to the Bluetooth settings menu on your phone or device.

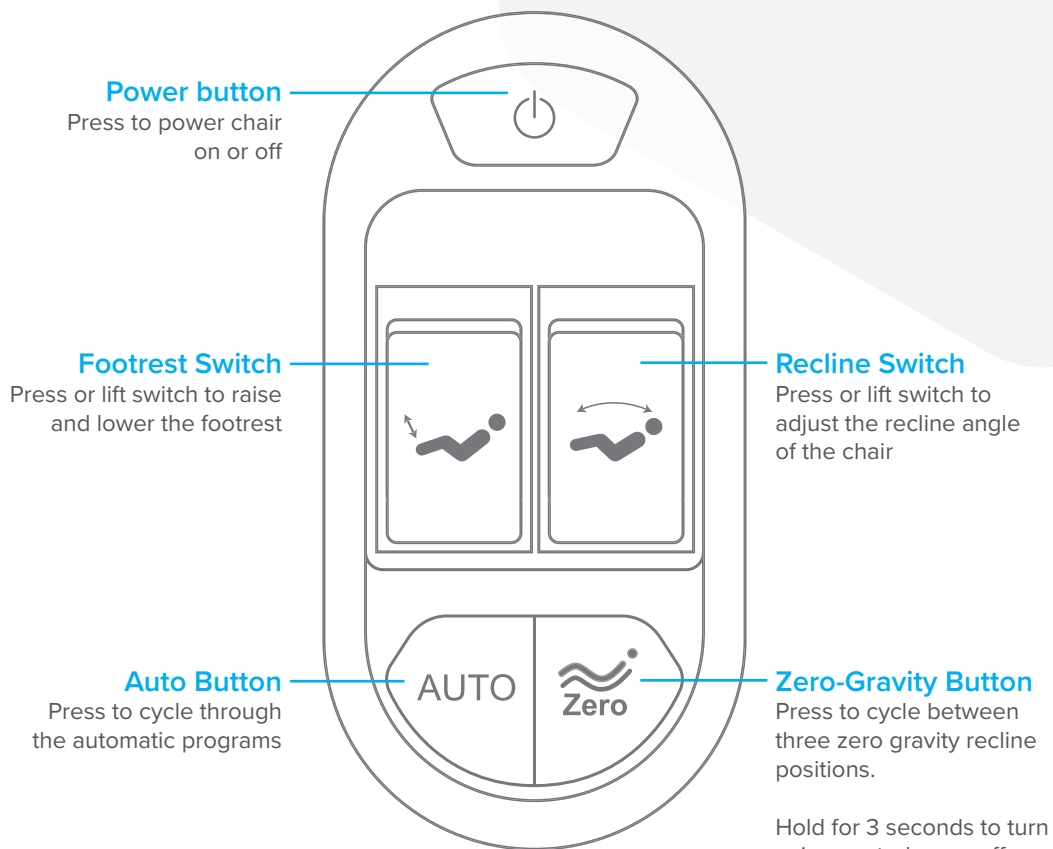
Search for a new device, look for “Smart Comfort 0000” or similar and choose ‘connect’ or ‘pair’.

You can then play music using your regular media player app.



ARMREST CONTROL PANEL

The armrest control panel can be used for basic functions without the need to remove the regular remote control from the holder

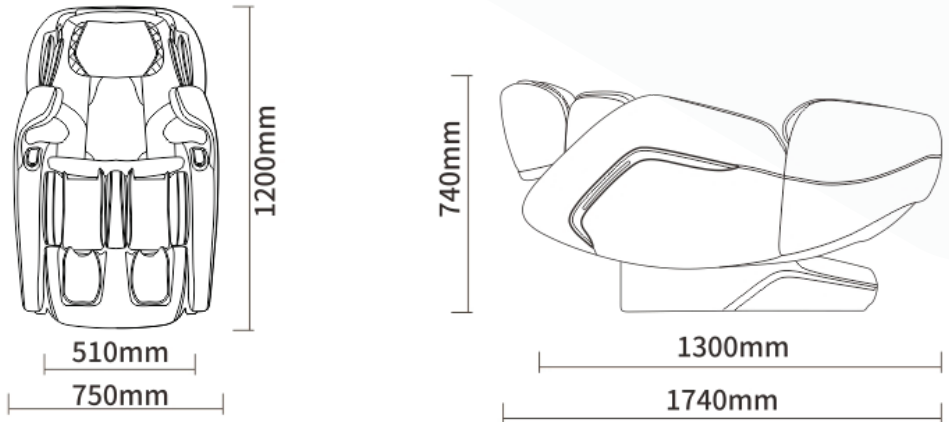


VOICE CONTROL

To control the chair via Voice commands, say the phrase “Hi Alice” and wait for the chair to respond “I am here”. You can then give the following voice commands to activate the desired settings:

Say this:	To do this:
<i>“Hi Alice”</i>	Prompt the chair to listen for a voice command
<i>“Massage on”</i>	Start the massage
<i>“Massage close”</i>	Stop the massage
<i>“Comfort massage”</i>	Change to automatic massage program Comfort mode
<i>“Relax massage”</i>	Change to automatic massage program Relax mode
<i>“Full body massage”</i>	Change to automatic massage program Full body mode
<i>“Neck and shoulder massage”</i>	Change to automatic program Neck and shoulders
<i>“Back and waist massage”</i>	Change to automatic program Back and waist
<i>“Stretch massage”</i>	Change to automatic program Stretch massage
<i>“Open the air pressure”</i>	Turn airbags on
<i>“Close the air pressure”</i>	Turn airbags off
<i>“Up the seat position”</i>	Recline the chair upwards slightly
<i>“Down the seat position”</i>	Recline the chair backwards slightly
<i>“Change the other mode”</i>	Change to from automatic mode to manual operation
<i>“Go little up”</i>	Move back massage rollers down slightly (during Partial/Fixed point manual mode)
<i>“Go little down”</i>	Move back massage rollers up slightly (during Partial/Fixed point manual mode)

ARIA MASSAGE CHAIR



Keep at least 275mm of clear space between the chair backrest and nearby walls or furniture to ensure there is no contact with any items when chair is fully reclined.

Health and Safety Warnings: Do not drop or push anything into any slot of the machine. Please stop immediately and consult your doctor if you feel unwell when using this machine. Not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless supervised. Do not use if you are pregnant, unwell, or have a pre-existing medical condition. Do not sit on the back, armrest, or the leg rest as it may result in damage or injury. Do not press or put your hands into the cloth cover of the massage hands.